Itinerary for Package: Nepal - Land of Himalayas and Heritage

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Why Nepal - Land of Himalayas and Heritage?

- Witness the **majestic Himalayas**, including Mount Everest and eight of the world's ten highest peaks.

- Explore the **ancient temples, stupas, and palaces** of Kathmandu, Bhaktapur, and Patan.

- Enjoy a **helicopter flight to Everest Base Camp** for unparalleled mountain panoramas.

- Experience **wildlife and nature** on an elephant-back safari in Chitwan National Park.

- Discover **adventure activities** in Pokhara, including paragliding, zip-lining, and boating.

- Immerse yourself in **Nepal's rich culture and spirituality**, influenced by Hinduism and Buddhism.

- Enjoy a mix of **trekking, cultural tours, and leisure**, perfect for first-time visitors or repeat explorers.

Package Duration: 9 days

Day 1: Arrive Kathmandu

Upon arrival in Kathmandu, receive and welcome by our representative with 'garland', and transferred to the hotel. Later afternoon: Short visit to Boudhanath Stupa, a Buddhist Stupa said to be one of the largest in the world. This massive structure stands tall with four pairs of eyes each facing the four cardinal directions. Overnight at Dwarika's

Day 2: Kathmandu sightseeing (optional: Heli sightseeing of Mt. Everest)

Optional: Early morning transfer to domestic airport for Mt. Everest sightseeing flight by chartered helicopter. We fly from Kathmandu to Lukla and after refueling we go for Khumbu Valley sightseeing for the majestic views of five of the world's highest mountains, Mt. Everest, Mt. Lhotse, Mt. Makalu, Mt. Cho-Oyu, Mt. Gyajung Khang (the highest under 8000m) including Ama Dablam. Afterwards, the helicopter lands near the Kongde Lodge (4250m), the highest lodge of its kind which holds unparalleled views over the entire Everest range. From here, you will be well rewarded with again the majestic views Everest, Lhotse, Makalu, Cho-Oyo, Gyajung Khang and Ama Dablam. Combined with views of the spectacular Khumbu valley and the Kongde Lake; the mesmerizing Khumu Region. Champagne breakfast will be served at its courtyard while you still enjoy the views of the mountains around. After breakfast return to Kathmandu. (Total time for this activity: approx. 4hrs) After some rest at the hotel Sightseeing of Swoyambhunath Stupa, resting on a hillock 3km west of downtown Kathmandu, it is one of the holiest Buddhist Chaityas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises. Afterwards, continue visit to Kathmandu Durbar Square, the historic seat of Nepalese royalty built between the 12-18 centuries. The Durbar square is famous for its

exquisite architecture, museums, temples and artistic embellishments including the visit of Kumari Ghar - the residence of the Living Goddess Kumari. Afterwards, experience Rickshaw ride approx. 30 mins from KTM Durbar Square to Thamel via downtown Ason spice market. Thamel is known by its narrow alleys crowded with various shops and vendors. Commonly sold goods include food, fresh vegetables/fruits, pastries, trekking gear, walking gear, music, handicrafts, souvenirs, woolen items and clothes. Small grocery stores, budget hotels, restaurants, pubs and clubs also line the streets. Lunch at Keiser Cafe Rest of the day at leisure Overnight at Dwarika's Hotel

Day 3: Kathmandu – Pokhara
Breakfast at the hotel Transfer to domestic airport for flight to Pokhara (30mins). (Optional: it is possible to charter a Helicotper flying to Pokhara having closer views of Annapurna Massive). In Pokhara you can experience the best in trekking, boating, hiking, pony rides, paragliding or simply relax with the stunning Annapurna mountain range at the background. Upon arrival in Pokhara, you will be received by our representative and transfer to Shanti Stupa (world peace stupa), built in 1999, the stupa has become a tourist attraction not only due to its religious significance but also due to its location which provides panoramic views of the surrounding landscape including Annapurna range, Pokhara city and Fewa Lake. After enjoying the view there, we walk down through a forest and cross the Phewa lake on a boat to reach the Pokhara city (option: if difficulty walking down, drive the same way back and reach Pokhara) and explore the city for a while and transfer to Tiger Mountain Pokhara Lodge, 45mins drive. Lunch, dinner and overnight at Tiger Mountain Pokhara Lodge

Day 4: Tiger Mountain Pokhara Lodge
Perched 1,000 feet above the Pokhara Valley with a spectacular Himalayan backdrop, Tiger Mountain Pokhara Lodge provides a perfect heaven, the essence of tranquility. Ideal for those wishing to take day walks exploring local communities, bird-watching, gentle exercise, or just to relax in a typical Nepalese rural setting. Breakfast, lunch, dinner and overnight at Tiger Mountain Pokhara Lodge

Day 5: Pokhara – Chitwan National Park
After breakfast, drive to Chitwan National Park 170kms (approx. 4-5hrs drive) and check-in at Barahi Jungle Lodge. Chitwan National Park - An UNESCO world heritage, Chitwan National Park has a history of over 3 decades in park management and a rich experience in resolving conflicts between the park and the people. It is a rich natural area in the Terai, the subtropical southern part of Nepal. A total of 68 species of mammals, 544 species of birds, 56 species of herpeto fauna and 126 species of fish have been recorded in the park. The park is especially renowned for its protection of One Horned Rhinoceros, Royal Bengal Tiger and Gharial Crocodile. Upon arrival refreshment and briefing about the facilities & jungle activities by the naturalist followed by lunch. Afternoon: Elephant-back safari: Guests will ride on elephant to explore the jungle and wildlife the One-horned rhinoceros, several types of deer, monkeys, wild boar, bison, sloth bear, leopard and, if lucky, the Royal Bengal tiger. This exciting ride lasts for 2-2½ hours Evening: Slide presentation - One of the jungle experts will introduce background data and history of the Chitwan National Park as well as some other topics relating to wildlife. Dinner and overnight Barahi Jungle Lodge

Day 6: Chitwan National Park
Bird Watching/Nature Walk followed by Canoeing: Wake-up call followed by tea or coffee then proceed for canoe in a traditional Patela boat for about 45mins which takes you on a silent trip down the Rapti River to view aquatic birds, crocodiles, Gharials and the animals of the river bank. After boating, start Bird watching/Nature walk, about 544 species of the birds we have recorded in Chitwan National Park. The area around Barahi Jungle Lodge is considered a Paradise for bird watchers. Guides will help you to identify some of the species of these birds. Return to lodge for

Breakfast After breakfast Elephant briefing/Bathing program: Learn more about these fascinating animals during a visit to our elephant stables followed by Elephant Bathing in the River. (Note: Elephant bathing is done during summer season as elephant loves to bath in the river willingly. Elephants are not forced to take bath during the cold season/day). Return to lodge for Lunch After Lunch Jeep Safari: Proceed for the Jeep Safari crossing the Rapti River by Patela Boat to start with from Bhimle army check post. There are two choices of routes available, which our naturalists pick upon their experience on current sightings and animal movement. Jeep safari begins from the open grassland area followed by the mix (riverine) forest and continues inside the dense Sal Forest crossing the Reu River inside the Park to see different wildlife, Aquatic birds and the Marsh Muggers. The other routes will be towards Sukhibhar post and Park HQ, Kasara and Reu River-Surung Khola. There will be short tea/coffee break in between the safari in a scenic and safe spot chosen by the Naturalist. Back to the resort by the evening before sunset. (Note: Jeep Safari is prohibited during monsoon season by the park authorities from June-September and in some season it can prolong till October) Evening: Tharu Cultural dance: Farmers of the nearby villages will show some of their traditional skills and dances. Dinner and overnight at Barahi Jungle Lodge

Day 7: Chitwan National Park - Kathmandu - Dhulikhel
After breakfast transfer to Bharatpur airport for flight to Kathmandu (25 mins flight) or drive back (4-5hrs). (optional: Charter a Helicotper for flight back to KTM). Meet upon arrival in Kathmandu and transfer to Dhulikhel enroute visit, Bhaktapur Durbar Square, among the three Durbar squares in Kathmandu valley, the Bhaktapur Durbar Square is by far the most elegant with its large open space facing south. Bhaktapur, also called the "City of Devotees" where you will meander down narrow lanes past centuries old homes and temples. The tour will begin with a visit to Durbar Square, The Golden Gate, Places of 55 Windows, Lion's Gate. The Nyatpola Temple - the tallest of its kind in Nepal, Bhairab Temple, the Pottery Centre and Dattratraya Temple. Lunch at the local tourist restaurant Afterwards proceed to Dhulikhel. Dhulikhel boasts as a major touristic destination with attractions that range from natural scenario to cultural and historical elements. One can view the Himalayan range at an 180o panoramic view of mountains including Mt. Annapurna, Mt. Ganesh Himal, Mt. Langtang, Mt. Phuribichyachu, Mt. Gaurishankar, Mt. Lhotse among others. Dinner and overnight at Dwarika’s Resort

Day 8: Dhulikhel
Fullday the following activities while staying at Dwarika’s Resort. The Dwarika’s Resort Dhulikhel is a holistic lifestyle retreat, drawing on ancient Himalayan knowledge and philosophy of care for nature and for one’s self. Set in magnificent natural surroundings, offer a place in which to contemplate, to learn and to explore the connectedness between mind, body and earth. Breakfast, lunch, dinner and overnight at Dwarika’s Resort

Day 9: Departure
Free till departure transfer to international airport for onward flight