

# Itinerary for Package: Manaslu Circuit Trek

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## *Why Manaslu Circuit Trek is popular for?*

- **Breathtaking Views** : Stunning panoramas of Manaslu, Himalchuli, **Ganesh Himal, and Annapurna ranges**
- **Larkya La Pass (5,106m)** : The highest and most challenging point of the trek
- **Rich Culture** : Experience Tibetan-influenced culture in villages like **Samagaun and Samdo**
- **Less Crowded** : Compared to Everest and Annapurna treks, Manaslu sees fewer trekkers
- **Diverse Landscapes** : Lush forests, alpine meadows, glaciers, and high mountain passes
- **Wildlife** : Possible sightings of snow leopards, Himalayan blue sheep, and red pandas

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Package Duration: 15 days

### **Day 1: Arrive Kathmandu**

Upon arrival in Kathmandu, receive and transfer to hotel. Rest of the day at leisure or explore the surroundings. Overnight at the hotel

### **Day 2: Kathmandu**

Breakfast at the hotel Full day sightseeing tour of Kathmandu Valley while preparing for the Manaslu trek. Overnight at the hotel

### **Day 3: Drive from Kathmandu to Machha Khola (860m)**

After breakfast at the hotel, a long drive through picturesque landscapes to reach Machha Khola, the starting point of the trek. Overnight at Guest House

### **Day 4: Machha Khola to Jagat (1,340m)**

After breakfast at the guest house, commence Manaslu trek alongside the river, crossing suspension bridges and passing through small villages to reach Jagat. Overnight at the Guest House

### **Day 5: Jagat to Deng (1,860m)**

Trek through a diverse landscape, crossing the Budhi Gandaki River multiple times and passing through Philim and Ekle Bhatti to reach Deng. Overnight at the Guest House

**Day 6: Deng to Namrung (2,630m)**

Continue trekking through forests and crossing rivers, with views of Siringi Himal along the way, to reach Namrung. Overnight at the Guest House

**Day 7: Namrung to Samagaon (3,530m)**

Trek through picturesque villages, enjoying panoramic views of Manaslu and other peaks, before reaching Samagaon. Overnight at the Guest House

**Day 8: Acclimatization Day in Samagaon**

Take a rest day for acclimatization. Option for a side trip to Manaslu Base Camp or explore the local village and monasteries. Overnight at the Guest House

**Day 9: Samagaon to Samdo (3,875m)**

A shorter day of trekking, passing through yak pastures and more Tibetan-influenced settlements to reach Samdo. Overnight at the Guest House

**Day 10: Acclimatization Day in Samdo**

Another rest day for acclimatization. Explore the area or take a short hike to prepare for the high pass. Overnight at the Guest House

**Day 11: Samdo to Dharamsala (4,460m)**

Trek to Dharamsala (also known as Larkya Phedi), the last stop before the high pass. Rest and prepare for the next day's challenge. Overnight at the Guest House

**Day 12: Dharamsala to Bimthang (3,720m) via Larkya La Pass (5,135m)**

The highlight of the trek, crossing the Larkya La Pass with breathtaking views. Descend to Bimthang for the night. Overnight at the basic Guest House

**Day 13: Bimthang to Tilije (2,300m)**

Descend through lush forests and pastures, enjoying views of Himlung Himal, Cheo Himal, and other peaks, to reach Tilije. Overnight at the Guest House

**Day 14: Tilije to Dharapani and Drive Back to Kathmandu**

Trek to Dharapani and then drive back to Kathmandu, completing the trek. Celebrate your achievement with a final night in the city.

**Day 15: Departure**

Free till departure to international airport for onward flight.